



NEW BEGINNINGS

Facilitator Note: We encourage facilitators to take this Bible study and expound on it throughout the week, allowing it to be a springboard for deeper conversation and personal meditation.

PRESS START

Many of us come from very different walks of life and backgrounds. To start things off:

Ask: If life were a video game, what genre would yours belong to (e.g., adventure, strategy, role-playing) and why?

EQUIP

Starting up a new videogame for the first time is always an exciting experience. Though we're familiar with the console and controller, we get to learn new mechanics and dive into an untold story. New chapters in life can be similar to this in that they take what we learn but offer something new.

Ask: What's a new experience you've had recently and what did you learn from it?

Ask: How does starting a new game relate to starting a new phase in life?

LEVEL UP

Read: Ecclesiastes 3:1-8

Seasons are a natural part of life. Some feel like Spring, full of new life. Some feel like Summers of hard work, or we may be reaping an Autumn harvest. Sometimes it's a cold winter, a season of active waiting. Each season in life starts with a new beginning.

It's important to embrace these changes and transitions. Much like the different stages in a video game, where you must step out of the beginning tutorial to

continue in the adventure the devs have created, we, too, must step into our lives and take in what our creator has in store for us.

MOD

Ask: What is one obtainable goal you'd like to achieve in the next 12 months? How does this goal reflect a new beginning or change in your life?

Ask: What are potential challenges in pursuing these goals and what are some strategies to overcome them?

PRAY

Pray: for strength, guidance, and resilience as everyone sets out on their new journeys. Ask for support in facing challenges and staying committed to their goals.

NEXT LEVEL

Read: Philippians 3:13-14

"Brothers and sisters, I do not consider myself yet to have taken hold of it. But one thing I do: Forgetting what is behind and straining toward what is ahead, I press on toward the goal to win the prize for which God has called me heavenward in Christ Jesus."

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