



Equip Your Armor

Facilitator Note: We encourage facilitators to take this Bible study and expound on it throughout the week, allowing it to be a springboard for deeper conversation and personal meditation.

PRESS START

If you've ever been to a renfaire, you probably know you feel extra cool wearing a piece of armor. Often, these armor pieces are decorative. Especially when they are based on works of fiction such as a book, movie, or videogame.

Ask: What is your favorite armor set from fantasy or video games? What makes it special or memorable to you?

EQUIP

Armor has been used to protect people in both fiction and throughout history, but it doesn't do nearly as much good when it's not worn.

Ask: What spiritual ideals should each of us use some protection against?

LEVEL UP

Read: Ephesians 6:10-18 Finally, be strong in the Lord and in the strength of His might. Put on the full armor of God, so that you will be able to stand firm against the schemes of the devil. For our struggle is not against flesh and blood, but against the rulers, against the powers, against the world forces of this darkness, against the spiritual forces of wickedness in the heavenly places. Therefore, take up the full armor of God, so that you will be able to resist in the evil day, and having done everything, to stand firm. Stand firm therefore, having girded your loins with truth, and having put on the breastplate of righteousness, and having shod your feet with the preparation of the gospel of peace; in addition to all, taking up the shield of faith with which you will be able to extinguish all the flaming arrows of the evil one. And take the helmet of salvation, and the sword of the Spirit, which is the word of God. With all prayer and petition pray at all times in the Spirit, and with this in view, be on the alert with all perseverance and petition for all the saints.

MOD

Though utilizing the illustration of the “Armor of God,” we all have weaknesses in our own. These are things that cause us to backslide, stumble, doubt, and more.

Ask: What is a piece of the Armor of God you need mended in your own life? What are some practical ways you can improve it?

PRAY

Pray: Not just for spiritual challenges to be taken away from us, but that God equips us for those challenges and helps us fight those battles so we may grow stronger in Him.

NEXT LEVEL

Read: 2 Corinthians 10:4-5 For the weapons of our warfare are not of the flesh, but divinely powerful for the destruction of fortresses. We are destroying speculations and every lofty thing raised up against the knowledge of God, and we are taking every thought captive to the obedience of Christ.

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